## SPIRITUAL CHECKLIST FOR



**BABY + PARENTS** 



Are you spiritually prepared for the arrival of your baby?

These 7 steps will help you do just that

- PRAY FOR YOUR BABY BEFORE THEY ARRIVE
- PICK OUT A SAINT TO PRAY AND DEDICATE YOUR CHILD TO (IN CAN BE PART OF THEIR NAME, BUT DOESN'T HAVE TO BE)
- GATHER STORIES & PLAN TO READ BIBLE AND SAINT STORIES TO YOUR CHILD
- READ AND SING RELIGIOUS STORIES AND SONGS
  TO YOUR CHILD BEFORE THEY ARE BORN
- IMPROVE YOUR OWN SPIRITUAL LIFE IN ORDER TO TEACH YOUR CHILD IN THE WAYS OF THE CHURCH
- PICK THE CHILD'S GODPARENTS, KEEPING IN MIND THE QUALIFICATIONS FOR GOOD ONES
- PLAN TO HAVE YOUR CHILD BAPTIZED 6 WEEKS OR SOONER AFTER BIRTH